

Three-month Supply of Simplicity Products for Canadian Personal Use Importation

Please note that for any products that are available in multiple sizes, only one option for the three-month supply can be chosen. Guidelines are in effect as of March 1, 2006.

		Recommendation on label/per serving	Three-mo supply	# bottles/packages	Rounded
21-401	Essentials (30 packets)	1 or more packets	270 at 3 packets/day	9	9
21-180	Simply SBGA (3.5 oz blend of Alpha and Omega powders, roughly 50/50; 99 g)	1 g	180 g @ 2 g/day	2.2	3
21-100	Alpha Sun, 120 Vegetarian Capsules	4 caps	360 caps	3.0	3
21-103	Alpha Sun, 240 Vegetarian Capsules	4 caps	360 caps	1.5	2
21-110	Alpha Sun, 120 Tablets	4 caps	360 caps	3.0	3
21-113	Alpha Sun, 240 Tablets	4 caps	360 caps	1.5	2
21-116	Alpha Sun, 480 Tablets	4 caps	360 caps	0.75	1
21-150	Omega Sun, 120 Vegetarian Capsules	4 caps	360 caps	3.0	3
21-153	Omega Sun, 240 Vegetarian Capsules	4 caps	360 caps	1.5	2
21-160	Omega Sun, 120 Tablets	4 caps	360 tabs	3.0	3
21-163	Omega Sun, 240 Tablets	4 caps	360 tabs	1.5	2
21-166	Omega Sun, 480 Tablets	4 caps	360 tabs	0.75	1

Digestion

21-204	SBG Zymes Plus, 90 Vegetarian Capsules	1 cap or more per meal, 1 or more w snacks (12 a day)	1080	6.0	12
21-200	SBG Zymes, 180 Vegetarian Capsules	2 caps per meal, w snacks (12 a day)	1080	6.0	6
21-210	Acidophilus, 60 Vegetarian Capsules	2 caps	360 caps @ 4/day	3.6	6
21-213	Bifidus, 60 Vegetarian Capsules	2 caps	360 caps @ 4/day	6.0	6
21-216	Spectrabiotic, 60 Vegetarian Capsules	2 caps	360 caps @ 4/day	3.6	6

Specialty Products

21-220	Juiced, 60 Vegetarian Capsules	2 caps	180 caps	1.5	2
21-221	Reflex, 60 Vegetarian Capsules	2 caps	180 caps	1.5	2
21-222	Rebound, 90 Vegetarian Capsules	3 caps	270 caps	3	3
21-223	Twist, 90 Vegetarian Capsules	3 caps	270 caps	3	3
21-227	Freggies, 60 Vegetarian Capsules	2 caps	180 caps	3	3
21-300	ImmuSun, 30 Vegetarian Capsules	1 cap at a time	270 @ no more than 3/day	9.0	9
21-323	StemPlex, 60 Vegetarian Capsules	2 caps	180	3	3
21-331	APA Blend 3.5 oz	1t	223 t @ 1/day	3	3
21-332	APA Blend 12 oz	1t	142 t @ 1/day	1	1
21-333	APA Blend Plus 4.6 oz	1t	342 @ 1/day	2	2

Antioxidants

21-250	Super Sprouts & Algae, 120 Tablets	3 tabs, or more as needed	480 @ 6/day		4
21-260	Super Q10, 60 Softgels	2 softgels	180 softgels	3.0	3

Drink Mixes & Nutrition Bars

21-366	AquaSun Alert (12, 2 fl oz bottles)	1-2 bottles/day	180 bottles at 2 per day	15	15
21-350	Super Sun Smoothie, 10.5 oz. (300 g)	20 g	1800 g	6	6
21-353	Go Green, 7 oz. (200 g)	5 g	450 g	2.25	3
21-370	BG Bar (single)	none	90 (@ 1/day)	90	90
21-371	BG Bar (pack of 8)	none	90 (@ 1/day)	11.25	12