

The Four Building Blocks of Functional Nutrition



Omega Gold



Enhances Mental Clarity and Focus

All of our products are designed to effectively address the body's need for one or more of the **Four Nutritional Building Blocks of the Functional Nutrition Health Model**.

Omega Gold belongs to the **Nourish with Superfood Nutrition** building block. Some of the health benefits and key product attributes include:

- ◆ *Promotes overall mental well-being*
- ◆ *Includes eleuthero to enhance physical stamina and endurance**
- ◆ *Contains Ginkgo biloba, for its positive effects on mental functioning**
- ◆ *Provides bee pollen, one of nature's most perfect foods*
- ◆ *Contains gluten-free wheat grass juice to aid digestion**
- ◆ *Offers nutritional assurance for the entire body*
- ◆ *Contains **Omega Sun**[®] organic microalgae, a rich source of many micronutrients*

Nourish

The importance of a sound mind in a sound body is obvious, but the everyday stresses of today's lifestyles can challenge one's sense of mental well-being and inner calm. **Omega Gold** contains ingredients that can help. Scientific studies have shown the benefits of *Ginkgo biloba* in nutritionally supporting memory, mental clarity, and proper circulation throughout the entire vascular system.* Eleuthero (recommended for both men and women) is added to enhance mental and physical performance.* **Omega Gold's** careful selection of ingredients work synergistically to facilitate overall health. Vitamin-rich bee pollen helps enhance stamina and vitality. Hawaiian noni provides beneficial support for an effective immune system.* Turmeric contains curcumin, which helps protect against environmental contaminants. Gluten-free sprouted wheat grass juice contributes a variety of nutrients and is naturally rich in enzymes. When these ingredients, plus organic **Omega Sun**[®] microalgae, are combined they provide natural mental health support.*



120 Vegetarian Capsules
USA Item #21-170



Omega Gold



A Word about *Ginkgo biloba*

Discover what millions of people worldwide already know: *Ginkgo biloba* helps to promote mental vitality. Over the last fifty years, hundreds of scientific papers have shown the usefulness of *Ginkgo biloba* in helping nutritionally support the general acuity. By aiding circulation, this remarkable herb helps sustain an alert and active brain.*

What people are saying...

“One morning I felt so tired, and then realized why. The previous day I had not taken my lunchtime ‘gifts’ to myself, including one Omega Gold capsule, which I almost never forget to take. Omega Gold gives my body that extra something. I can tell my brain is clearer, and I can handle the intense multi-tasking my job requires.—Linda

“Over the years, I have tried most of the products whenever they were first introduced. I have always felt that the concept of ingesting microalgae was of great benefit to my overall health. I now regularly take Omega Sun®, Omega Gold, Acidophilus, and Bifidus. I chose the former two for their healthy nutrients and the latter for my digestive and immune systems. I am confident that the Simplicity products I take are helping to keep me as healthy as I am.”—Carolyn

Supplement Facts

Serving Size: 2 capsules

	Amount Per Serving	% Daily Value*
Vitamin A (beta-carotene)	305 IU	6%
Proprietary Blend	1 g	†
Organic Microalgae (<i>Aph. flos-aquae</i>)	200 mg	
Bee Pollen		
Hawaiian Noni (fruit)		
Turmeric (root)		
Wheat Grass Juice		
Eleuthero (root)		
Ginkgo (leaves) Extract		

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: Plant fiber.

Suggested Use: 2 capsules each day. You may wish to adjust this amount based on your individual needs.

Keep in a cool, dry place.



Testimonials www.simplicityhealth.com/emails/voices/vff_specialty.html or www.simplicityhealth.com/emails/voices/vff_sbga.html
Abstracts to research on AFA www.simplicityhealth.com/associatenew/technical/research_abstracts.html
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For more information please contact: