

The Four Building Blocks of Functional Nutrition



OsteoSun™



Naturally Promotes Healthy Bones

All of our products are designed to effectively address the body's need for one or more of the **Four Nutritional Building Blocks of the Functional Nutrition Health Model**.

OsteoSun™ belongs to the **Renew with Specialized Nutrition** building block. Some of the health benefits and key product attributes include:

- ◆ Provides all-natural, non-calcium support for bones
- ◆ Proven to build new bone*
- ◆ Contains a patented form of red yeast rice
- ◆ Includes premium, organic, nutrient-rich **Omega Sun®** microalgae
- ◆ Provides micronutrients that enable bones to flourish
- ◆ Based on the latest scientific research
- ◆ Suitable for vegetarians



60 Vegetarian Capsules
USA Item # 21-310

Renew

OsteoSun™ is a completely natural dietary supplement that is scientifically proven to promote bone health.* Unlike other products on the market, **OsteoSun™** enhances the body's natural ability to restore bone mass and promote general bone health.*

OsteoSun™ contains a very special proprietary form of red yeast rice, a natural food product that has been used in Oriental cuisine for centuries for a variety of health benefits. Using patented technology, many different strains of red yeast rice were tested, but only the strain that is the most bone-active was chosen for use in **OsteoSun™**. Unlike other products on the market, **OsteoSun™** enhances the body's natural ability to restore bone mass, and is scientifically proven *in vitro* (in a test tube) and in an animal model to stimulate new bone growth.*

OsteoSun™ also contains organic **Omega Sun®** microalgae which, in addition to all its own nutritional benefits, aids in the assimilation of red yeast rice and other important nutrients.



A Word About Bone Density

Calcium alone is often not enough to maintain bone health; other important minerals are also required by the body for bone formation. Studies have shown that when used as directed, **OsteoSun™** can significantly increase bone mineral density.* While calcium can keep existing bone strong, **OsteoSun™** not only helps strengthen existing bone, but it can also help regenerate lost bone.* When given orally, **OsteoSun™** has been shown to increase bone mineral density significantly in subjects, by as much as 47% over the control group. To minimize bone density loss, eat a balanced diet rich in calcium and vitamin D, exercise regularly using light weights, refrain from smoking and excessive alcohol use, and take dietary supplements that maximize bone health.

What people are saying...

"Since starting on OsteoSun™, I've noticed that my knees are stronger than they've ever been. They don't crackle and twinge when I bend down, and I'm able to do many of the sports and activities I haven't done since my younger years, as long as I don't overdo! At a recent physical, I was told that my knees were in much better shape than most women of my age—quite the opposite of an earlier diagnosis."—Sharon

"I've been eating Alpha Sun®, Omega Sun®, Super Q10, probiotics, and SBG Zymes® Plus, and just started OsteoSun™ a few months ago for good measure at age 55. I'm delighted to report that a recent bone density test result was the highest (I assume densest) measurement for someone my age."—Christine

Supplement Facts

Serving Size: 1 capsule

	Amount Per Serving
Red Yeast Rice	200 mg*
Organic Microalgae (<i>Aph. flos-aquae</i>)	50 mg*

*Daily Value not established

Other Ingredients: Cellulose, plant fiber.

Suggested Use: 1 capsule, or as needed, once or twice each day. You may wish to adjust this amount based on your individual needs.

Keep in a cool, dry place.

Warnings: Keep out of reach of children. Discontinue use if you develop muscle pain or flu-like symptoms. Do not take if you have, or are at risk for, liver disease; have a history of liver disease; or have undergone organ transplant surgery or other major surgery. Do not use if you are pregnant or trying to become pregnant, or are breastfeeding.

This product is intended for healthy adults (over 20 years of age). Consult your health care professional if you are taking any prescription medication.



Testimonials www.simplicityhealth.com/emails/voices/vff_specialty.html

Calcium—It's not enough www.simplicityhealth.com/resources/osteosun_calcium.html

Scientifically Proven to Promote Bone Health www.simplicityhealth.com/resources/osteosun_research.html

Red yeast rice research www.simplicityhealth.com/associatenew/technical/pdf/ryr_report.pdf

Abstracts to research on AFA www.simplicityhealth.com/associatenew/technical/research_abstracts.html

Scientific references www.simplicityhealth.com/associatenew/technical/sci_references.html

AFA—Earth's First Food www.simplicityhealth.com/associatenew/specsheets/sbga.pdf

For more information please contact: