

The Four Building Blocks of Functional Nutrition



Super Q10



Natural Heart Health

All of our products are designed to effectively address the body's need for one or more of the **Four Nutritional Building Blocks of the Functional Nutrition Health Model**.

Super Q10 belongs to the **Protect with Antioxidant Nutrition** building block.

- ◆ *Nutritionally supports heart health and the body's defense system**
- ◆ *Contains 82% of the daily value of antioxidant vitamin A (beta-carotene)*
- ◆ *Promotes health and vitality through a powerful combination of ingredients**
- ◆ *Contains a full spectrum of carotenoids (natural antioxidants)*
- ◆ *Emulsified in organic, cold-pressed flaxseed oil*
- ◆ *Provides an excellent source of Omega-3 and Omega-6 fatty acids*
- ◆ *Includes antioxidant essential oils*
- ◆ *Contains lutein and lycopene for specialized support*
- ◆ *Certified halal*

Protect

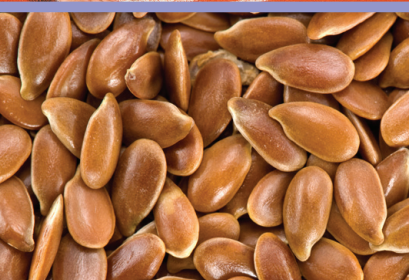
Super Q10 contains a special enzyme activator called coenzyme Q10 (CoQ10). An integral part of energy production within every cell, CoQ10 is essential for life to exist. Scientific investigations and clinical studies have shown that replenishing levels of CoQ10 by supplementation has had remarkable results on soft tissue and cardiovascular health, immunity, and rejuvenation of energy-producing processes.*

Today, the cutting edge of coenzyme Q10 development is our **Super Q10**. Each softgel contains a remarkable combination of premium antioxidants, 30 mg of coenzyme Q10, and 85 mg of blue-green microalgae. Research has shown that CoQ10 emulsified in oil is significantly better absorbed by the body than that found in powder form or capsules. Flaxseed oil is one of the richest sources of the essential fatty acids that must be obtained through the diet. Both red beta algae (*Dunaliella salina*) and organic **Alpha Sun**® microalgae supply beneficial carotenoids. Lutein and lycopene support the retina of the eye and the prostate gland, respectively

Adding the digestion-enhancing essential oils fennel, rosemary, ginger, and cinnamon to the other premium ingredients makes our **Super Q10** the ideal formula to provide natural heart health protection and to assist the body's cells in converting nutrients into energy.



60 Softgels
USA Item # 21-260



Super Q10



A Word About Coenzyme Q10

Every cell must have energy to survive and function. Coenzyme Q10 is needed for energy in every normal cell of the human body. In fact, Dr. Karl Folkers, winner of the Priestley Medal for his work on CoQ10, has declared, "We know today that CoQ10 is essential for life to exist." However, it has been confirmed that common manufacturing processes such as the refining of grains will remove most of the CoQ10 previously present in foods. Also, stressful environmental and lifestyle factors can deplete CoQ10 from bodily tissues. Studies have shown that if the essential levels of CoQ10 are allowed to decline, and the body's vital organs and systems cannot meet their energy requirements, serious health concerns may arise. Furthermore, with advancing age the body begins to lose its ability to supply CoQ10, making supplementation advisable.

What people are saying...

"I am so glad Simplexity Health offers antioxidant supplements like Super Sprouts & Algae and Super Q10 in addition to the algae with its intrinsic free radical scavengers. Nutrition is obviously crucial to good health, but if too much destruction is happening at the same time, we won't be able to fully appreciate all the good we are doing. In my opinion, antioxidant supplements are just as important as good, solid nutrition."—Keith

"During my training as a triathlete, I will increase my daily amount of Super Q10, as well as vitamin E every other day. I think it is the combination Simplexity Health products and a more consistent exercise routine and diet that allow me to feel less sore, tired, overstressed, and more focused than I have in the past. Even though I have a tough routine, I feel very joyous and energized, and very focused."—Marla

Voices from the Field www.simplexityhealth.com/emails/voices/vff_antioxidants.html
Coenzyme Q10—the Answer for Our Own Internal Energy Crisis www.simplexityhealth.com/resources/technical/q10_AHeath.html
The Ubiquitous Coenzyme Q10 www.simplexityhealth.com/resources/vt/Q10.html
Take a Closer Look at Heart Health www.simplexityhealth.com/associatenew/technical/pdf/closerlook_heartandimmune.pdf
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AFA—Earth's First Food www.simplexityhealth.com/associatenew/specsheets/sbga.pdf

For more information please contact:

Supplement Facts Serv Size: 2 softgels, Amount Per Serving: Calories 10, Fat Cal. 5, Total Fat .5g (1% DV), Vitamin A (beta-carotene) 4080 IU (82% DV), Proprietary Blend 1 g*: Organic Flaxseed Oil, Organic Microalgae (*Aph. flos-aquae*) 170 mg, Coenzyme Q10, Red Beta Algae (*D. salina*), Essential Oils (fennel, rosemary, cinnamon, ginger). Percent Daily Values (DV) are based on a 2,000 calorie diet. *Daily Value not established.

Other Ingredients: Gelatin, glycerin, beeswax, carob, silica, titanium dioxide.

Suggested Use: 2 softgels each day with a meal. You may wish to adjust this amount based on your individual needs.

Keep in a cool, dry place.



Certifications: Halal.