

The Four Building Blocks of Functional Nutrition

1
Nourish

2
Energize

3
Protect

4
Renew



BG Bar®

36 Wild-Crafted, Organic, and Natural Food Products - Including 17 Raw Foods!

- | | | |
|---------------------------|-----------------------|--------------------|
| Almond butter | Quinoa sprouts | Date fiber |
| Rolled oats | Wheat sprouts | Barley grass |
| Almonds | Sprouted millet | Dulse |
| Organic crispy brown rice | Sprouted spelt | Kelp |
| Oat bran | Sea salt | Fruitrim® |
| Sesame seeds | Natural almond flavor | Eleuthero |
| Raisins | Organic rice trin | Plant based |
| Pure vanilla | Pea fiber | Digestive enzymes: |
| Organic microalgae | Apple pectin | Lipase |
| Organic barley sprouts | Flaxseed | Amylase |
| Oat sprouts | Green oat grass | Cellulase |
| Jerusalem artichoke | Wheat grass | Protease |



Wholesome goodness!

- Soy-Free
- No Additives
- Vegan
- No Preservatives
- GMO Free

USA Item # 21-370 (single)
USA Item # 21-371 (8-pack)

Daily Convenience

- *Contains nutrient-rich sprouted grains, greens, and organic blue-green microalgae.*
- *Offers a healthy balance of protein, fats, carbohydrates, fiber, and micronutrients from wholefood sources*
- *Provides an ideal combination of simple and complex carbohydrates for sustained energy*
- *Supplies plant-based enzymes that help with assimilation and digestion.*

At last! - a wholesome and tasty nutrition bar for your busy lifestyle. Made with premium natural and organic ingredients, our **BG Bar®** contains an impressive list of spouted grains and greens that maintain superior nutritional integrity and enzymatic activity. The formula includes a wide spectrum of antioxidants, carotenoids, and phytonutrients for important nutritional support. Each bar supplies ten grams of protein and seven grams of both soluble and insoluble fiber, as well as plant-based enzymes to help with digestion and assimilation. Because it is made using whole foods in correct proportions, our **BG Bar®** presents a naturally well-rounded and distinctive nutritional profile. Plus, it contains no dairy, artificial colors or preservatives, or cholesterol, and it is low in sodium. And our **BG Bar®** tastes great too!



BG Bar®



Nutrition Facts

Serving Size: 1 bar
Servings: 1
Calories 260
Fat Cal. 115

*Percent Daily Values (DV) are based on a 2,000-calorie diet.


Amount/serving	%DV*	Amount/serving	%DV*	Amount/serving	%DV*
Total Fat 11 g	17%	Total Carb. 29g	9%	Sodium 73 mg	3%
Sat. Fat 1.5 g	7%	Fiber 7g	29%	Potassium 212 mg	6%
Trans Fat 0 g		Sugars 9 g		Protein 10g	
Cholest. 0 mg	0%				

Vitamin A 4% • Vitamin C 0% • Calcium 6% • Iron 10% • Vitamin B12 10%


Ingredients: Fruitrim® (fruit juice concentrate, natural grain dextrin), almond butter, rolled oats, almonds, organic crispy brown rice, oat bran, sesame seeds, raisins, pure vanilla, organic microalgae (*Aph. flos-aquae*), organic sprout mix (barley sprouts, oat sprouts, quinoa sprouts, wheat sprouts, sprouted millet, sprouted spelt), sea salt, natural almond flavor, organic rice trin, pea fiber, apple pectin, flaxseed, green oat grass, Jerusalem artichoke, wheat grass, date fiber, barley grass, dulse, kelp, eleuthero, lipase, amylase, cellulase, and protease.




Testimonials

 *In pursuit of my Occupational Therapy degree, one day I had clinicals from 8 a.m. to 4 p.m. I ate a BG Bar® for lunch and felt wonderful all that day. The next day, I had a pasta/veggie blend and fruit, and I broke down and ate a macadamia nut white chocolate chunk cookie. That was at noon. By 1:30 I was ready to fall asleep, and by 3 p.m. I was starving. What a comparison!*

- Kelly

 *I always hear people say after a meal, "I just need a bite of something sweet." For me, eating one quarter, one half, or sometimes a whole BG Bar® is that taste of something sweet that can "complete" a meal. I am happy knowing that I'm eating all those wonderful sprouted greens in my sweet treat, and that the BG Bar® has its own enzymes (so I don't use up my energy digesting it!). They are on my AutoShip order.*

- Allyson

 *I just had a note from a person whose Brazilian wife had tasted a BG Bar® at a demo I did a long time ago. He said he worries about her health, as she runs a boutique and has a brand-new baby and a six-year-old child. She can never eat well at work, and he would like her to have the best support he can provide, so he is ordering packages of BG Bars® for her! Isn't it wonderful to know that we can provide not just what people want, but what they need, too!*

- Linda

For more information contact:

