

Turn Your Passion for A Healthy World Into An Income for Life



Live Green

with a home-based income that promotes natural, organic lifestyle choices and products

Discover

A green company that is dedicated to helping us join together to build a sustainable world of abundant health and prosperity



- ◆ We teach you how our simple programs help secure your physical health
- ◆ We show you why our business is your alternative to an uncertain economy

Feel free to bring your questions and learn why

Your Health and Vitality Are Your Greatest Resource



Living in Wellness Workshop: *Foundational Nutrition for A Healthy World*

Russell Mariani Russell is author of the popular book, "Healing Digestive Illness." He has spent over 35 years learning about health, teaching literally thousands of people how to free themselves from the myriad side effects of poor digestion. He currently runs the Center for Functional Nutrition in Massachusetts; coaches private clients; and is working on his doctorate on digestive wellness. His deep understanding and insights on how to simplify your diet and become proactive in your self-care can rejuvenate your relationship with food and your health.

Are you exhausted from trying to figure out which "healthy diet" works?

Russell gives you the information and tools you need to make good diet choices—no matter what your goals! He will teach you the four pillars of physical health; and help you understand how and why these needs affect all areas of our lives.

Book Drive for Bhaktal Women's Shelter in India This shelter is one of many charities that we support. We invite you to bring a book and join us in making a difference in the lives of these women & children.

When: Saturday, November 1
10:00 a.m. to 5:00 p.m.

Where: Flying Star Cafe
723 Silver Avenue Southeast
Albuquerque, NM

Register: Janna Schlagenhauf 505.922.9309
or itswonlife@earthlink.net

Seating is limited to the first 100 people - must register to attend

Admission is Free



Join Us and Experience the Power of Health & Financial Freedom

Simplexity Health ~ Your *Energy for Life*[®]

Simplexity Health is the leader in the harvest and production of wild, organic whole food based supplements.

It is one of only a few Network Marketing companies with 25 years of success in offering the opportunity to create "income for life". *Come and discover who we are - and what we have to offer you.*